

WMD NIGHT

walk & middle distance night



WOMEN

Gara	Tempo	Atleta	Anno
5 km marcia	20.31.46	Eleonora Giorgi	2016
600m	1.29.18	Elena Bello'	2018
800m	2.15.25	Sabrina Varrone	2012
1000m	2.39.47	Federica Del Buono	2014
1500m	4.14.63	Marta Zenoni	2019
2000m	6.22.58	Laura Bottini	2014
3000m	9.19.39	Marta Zenoni	2015
5000m	15.42.20	Caroline Gitonga	2019
2000 siepi	6.32.27	Francesca Bertoni	2016
3000 siepi	10.22.75	Merlo Martina	2015

MEN

Gara	Tempo	Atleta	Anno
5 km marcia	19.18.33	Matteo Giupponi	2016
600m	1.17.77	Abdessalam Machmach	2018
800m	1.48.75	Merihun Crespi	2012
1000m	2.20.64	Giordano Benedetti	2015
1500m	3.37.66	Crespi Merihun	2011
2000m	5.17.12	Goran Nava	2013
3000m	8.01.44	Lhoussaine Oukhrid	2015
5000m	13.53.85	Jonathan Kanda	2016
10000m	28.23.21	James Kibet	2019
2000 siepi	5.36.95	Patrick Nasti	2012
3000 siepi	8.41.40	Ala Zoghلامي	2015